

## Hike Flash – January 11, 2015

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**Membership Meeting:** Join us for the **OMH Membership Meeting** which will be held **Thursday, Jan 15th** at the **Garland County Library** at **6:00 pm**. The library is located at 1427 Malvern Avenue in Hot Springs. Guest speaker will be Larry Price (Anita's brother) who will talk to us about ticks & tick borne illnesses. This topic is certainly a concern to any of us who spend time in the woods.

This is your opportunity to participate in club discussions & plans and get to know your fellow hikers better.

Our OMH tee shirts will be available to purchase at the meeting. They are made of a fabulous wick-away fabric that is great for hiking on warm days or as a layer on cold days. They are available in long or short sleeve and in various colors.

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**UPDATE** on February overnighter to McGee Creek Natural Scenic Recreation Area in Oklahoma (February 10<sup>th</sup>-12<sup>th</sup>).

Though time is marching on I have hesitated to send out any information on this overnight trip until I have actually walked the trails we would hike. Because of the Christmas holidays, family obligations, and other things I have not been able to get to Oklahoma for the three-day pre-hike, but I am going to do this on January 12<sup>th</sup>-14<sup>th</sup> weather permitting. After that trip I'll send out information about the overnight trip so that those of you who are interested can sign up and reserve lodging.

*Anita Moore, hike leader*

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### **Thursday, January 15, 2015 OMH Trail Maintenance - Flatside Wilderness, MM 175.0 to MM 176.0**

**Leader:** Ralph Butler, 501-922-1916, [rgbutler39@yahoo.com](mailto:rgbutler39@yahoo.com)

**Carpools:**

Hot Springs: 7:30 am, DeSoto Park on Hwy 7

**Meet at:** 8:00 am Jessieville Ranger District Work Center

**Bring:** Water, Boots, Work Gloves, Safety Glasses, Sunscreen, Trail Snacks, Bug Spray and First Aid Kit.

**Tools:** Bring loppers. All other trail tools will be provided.

Please plan on helping provide trail maintenance in Flatside Wilderness as OMH continues to keep this part of the Ouachita Trail in good hiking condition. This visit will be used to clear drains, rebuild water bars, and remove small brush, branches and limbs impeding

hikers. We will also do some lopping. Please let Ralph know if you plan to work as soon as possible.

**Should be back by:** Early afternoon

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**Saturday, January 17, 2015 Shady Lake Trail (4 miles / Easy to Moderate)**

**Hike Leader:** Anita Moore 525-3904 [anitamoore409@gmail.com](mailto:anitamoore409@gmail.com)

**Carpools:**

Hot Springs Village: 8:00 a.m. - Visitor Center Parking Lot, West Gate (Ride share \$11)

Hot Springs: 8:30 a.m. - Sutherlands (Ride share \$9)

**Meet at:** 9:15 a.m. at the Glenwood Rest Stop Highway 70 West

**Bring:** Water, good boots, waders, hiking poles, snacks, etc.

**Details:**

The Civilian Conservation Corps developed the Shady Lake Recreation Area in 1937. The Shady Lake Trail traverses Saline Creek and passes the Historic Shady Lake Dam. It continues along the eastern edge of the campground. We will probably not cross the creek at the usual trail crossing, but will go a little further to the low-water bridge to cross. The low water bridge may have enough water over it to require waders. If some hikers prefer not to wade they can take an alternate route back through the campgrounds to where the cars are parked. This is an opportunity to hike a trail that the Club rarely hikes and to see some of this part of Arkansas. The campground is closed for the winter season.

If anyone would like to do so, a plan can be made for a late lunch in Glenwood.

**Should be back by:** Mid-afternoon

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See You on the Trails,  
Ouachita Mountain Hikers