

## Hike Flash – January 25, 2015

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**Welcome** to new OMH members Ellen Carpenter, June Claypool, Mary Alice Seago and Tari Ess.

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### **Oklahoma Trip for Feb. 10-12**

Anita Moore will lead hikers on a three-day trip to Oklahoma to hike at three different sites. On Tuesday, February 10<sup>th</sup> the group will hike the Little Bugaboo/Whiskey Flats Trail at McGee Creek National Recreation and Scenic Area near Antlers, Oklahoma. This moderate, six mile in-and-out route has views of distant mountains, pretty creek areas, and huge towering rocks that look like stone houses or castles. The next day Tuesday, February 11<sup>th</sup> the group will hike an eight mile or 10 mile section of the David Boren Trail. This trail has waterfalls, lake views, and a section along a fast-flowing fly-fishing river. The third day, Wednesday, February 12<sup>th</sup> the group will travel to the Beech Creek Trail System to walk the Turkey Snout Loop with an option to continue 2 ½ miles in and out along Beech Creek to a cascades area. Lodging will be at the Lakeview Lodge in Beaver's Bend State Park at Broken Bow, Oklahoma. Cabins and a campground are also available in the Park. Lodge reservations may be made at 580-494-6179 (this number is different from the one in the first hike flash regarding the trip) and cabin and campground reservations at 580-494-6300. When calling for reservations ask about discounts or special offers regarding the price of lodging. More details about the trip will be sent out in about 10 days.

**Contact Anita if you would like to make this overnight trip - 501-525-3904**  
[anitamoore409@gmail.com](mailto:anitamoore409@gmail.com).

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### **Thursday, January 29, 2015 Fern Hollow Trail (9 miles, moderate)** **White Oak Lake State Park, 563 Hwy. 387, Bluff City, AR**

**Hike Leader:** Jeannie Eichler, [jeannie.eichler@gmail.com](mailto:jeannie.eichler@gmail.com), 501-915-9185, cell 501-574-2997

#### **Carpools:**

Hot Springs Village east siders: 8:00 a.m. - ReMax, carpool fee \$15 (212 miles roundtrip).

Hot Springs Village west siders: 8:00 a.m. - Century 21, Cordoba Center, carpool fee \$15 (212 miles roundtrip).

Then all meet the Hot Springs folks at the Hot Springs Mall, SW corner near J.C. Penney, 8:45 a.m., carpool fee \$12 (172 miles round trip).

**Bring:** Water, good boots, trail snacks/lunch. Hiking sticks are optional.

#### **Details:**

Although a long drive to White Oak Lake State Park, the Fern Hollow trail is a nice change of pace from our usual rocky mountain hiking. There are some ups and downs and it is 9 miles, but it is moderate in difficulty. The trail gets its name from the many resurrection ferns that grow like ivy on the trunks of trees. It meanders through some of Arkansas's most unique terrain where you'll see massive hickory and beech trees along with loblolly pines and beautiful holly trees. The trail follows White Oak Lake part of the way.

**We should be back** to the Hot Springs Mall by 5 p.m. I would then like to have dinner at the Olive Garden. Please let me know if you can be a driver and which carpool you'll do and if you would like to join me for dinner.

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**Saturday, January 31, 2015 Hot Springs Nat'l Park (Flex hike - 4 or 8 miles / Moderate)**

**Hike Leader:** Debbie VanVeghel, 501-655-6625, [dvanveghel@hotmail.com](mailto:dvanveghel@hotmail.com)

**Meet at:** 8:30 AM at the Arlington Lawn – across the street from The Arlington Hotel, 239 Central Ave (Downtown Hot Springs)

**Carpools:**

Hot Springs Village – 8:00 am West Gate/Century 21 Parking Lot (ride share = \$2)

**Details:**

This Flex-Hike offers a great opportunity for hikers to participate in either a 4 mile moderate hike on trails in Hot Springs Mountain or you can challenge yourself to a longer hike totaling 8 miles. If you are a new hiker, have time restraints that day, or just like a shorter hike, the 4 mile hike may be what you want. For those who are up for a longer hike and a little more challenge, join us as we will continue on and venture up and around Hot Springs Mountain for an additional 4 miles.

Anyone wishing to get together for lunch following the hike, please let hike leader know so that proper arrangements can be made.

**Bring:** Plenty of water, trail snacks, hiking sticks (opt)

**Should be finished:** Around 1:00 PM

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See You on the Trails,  
Ouachita Mountain Hikers