

Hike Flash Contents Checklist – Revised 2015-07-18

Hike Leaders, Please ensure that all of the following applicable information is included in your Hike Flash.

- Day and date of the hike.
- Name of the hike.
- Length of hike and difficulty rating on scale of 1-5, where 1 is easy and 5 is difficult.
- Hike leader name(s), telephone number(s) and Email address(es).
- Carpool information for each meeting place. Include name of location (and address, if not a customary location), time group will leave the location and amount of ride share for each rider (currently \$0.07 per round-trip mile, rounded to the nearest dollar).
- Directions to trailhead from each carpool location. If the group is to assemble at another location before proceeding to the trailhead (e.g. to consolidate into fewer cars), provide directions to this location and a meeting time.
- Hike start time.
- Brief description of the hike. Include information such as the scenic high points of the hike and difficult terrain.
- Information about wet crossings. (Please be as specific and detailed as possible.)
- A list of important things to bring. Will the group eat lunch on the trail?
- Estimated arrival time back at carpool locations (e.g. late afternoon).
- Information about shuttles, if any. Include a request for shuttle drivers, if needed.
- Information about lunch, dinner or snack stops after the hike, if appropriate.